# Advancing Workforce Well-Being and Resilience to Build Long-Term Change Saturday, September 28, 2019

## **Foxwoods Resort Casino**

350 Trolley Line Boulevard, Mashantucket, CT 06338 8:00 a.m. - 12:10 p.m.

Co-presented by Rhode Island Society of Health-System Pharmacists, Rhode Island Pharmacists
Association, Connecticut Society of Health-System Pharmacists, & Connecticut Pharmacists Association

# **Target Audience**

This continuing pharmacy education activity is designed and accredited for pharmacists, pharmacy residents, and pharmacy technicians.

#### Registration

\$25 for Pharmacy Technicians and Pharmacy Residents, \$35 for Pharmacists
Please pre-register on-line. Please do not mail in registrations. Fees are payable online via
Paypal Online: <a href="http://www.rishp.org">http://www.rishp.org</a> or payable by check when signing in at the workshop.
Refund requests must be made by written request and are at the discretion of the RISHP Board of Directors.

#### Faculty

Anne Policastri, PharmD, MBA, FASHP, FKSHP, is the ASHP Director for Membership and Affiliate Relations Division within the Office of Member Relations. She leads efforts to oversee relationships with state affiliates, among others, and to assist in membership growth and development.

Anne is a graduate of the University of Kentucky College of Pharmacy and received her MBA from Murray State University. Most recently, she served as a Clinical Assistant Professor at the University of Kentucky College of Pharmacy and Director of Experiential Education. She also served as the Executive Vice President of the Kentucky Society of Health-System Pharmacists where she led notable changes in member engagement, strategic planning, financial management, and increasing student and resident services.

Anne has served as a past president of KSHP and on the Kentucky Board of Pharmacy. Most recently, she served as Chair of ASHP's Commission on Affiliate Relations.

## **Program Schedule**

8:00-9:00 am Registration and Breakfast

9:00-10:15 am Advancing Workforce Well-Being and Resilience to Build Long-Term Change

10:15-10:25 am Break

10:25-11:25 am Breakout session

11:25-11:55 am Breakout Reporting

11:55-12:00 pm Conclusion

12:00-12:10 pm "Take the Pledge"

#### **Learning Objectives**

Upon completion of this educational activity, pharmacists and pharmacy residents should be able to:

- 1. Define burnout, well-being, and resilience.
- 2. Explain why clinician burnout is a patient care and healthcare workforce problem.

- 3. Describe the work led by the National Academy of Medicine and ASHP on well-being and resilience.
- 4. Identify opportunities to incorporate well-being and resilience individually, amongst team members, and within the workplace.
- 5. Plan steps to achieve individual and team goals to improve pharmacist well-being and resilience.

Upon completion of this educational activity, pharmacy technicians should be able to:

- 1. Define burnout, well-being, and resilience.
- 2. Explain why clinician burnout is a patient care and healthcare workforce problem.
- 3. Describe the work led by the National Academy of Medicine and ASHP on well-being and resilience.
- 4. Identify opportunities to incorporate well-being and resilience individually, amongst team members, and within the workplace.
- 5. Plan steps to achieve individual and team goals to improve technician well-being and resilience.



## **Continuing Education Credit**

The University of Rhode Island College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Attendance and completion of online program evaluations and self-assessment tools at the conclusion of the program are required in order to earn credit. This is an application-based activity. Participants will

develop a well-being plan as a result of their participation in this program.

Pharmacists and Pharmacy Technicians will receive 3.0 contact hours (0.30 ceus) for this educational activity upon completion of the requirements for CE credit; no partial credit is available. Release date September 28, 2019; Expiration Date: September 28, 2020.

**Universal Activity Numbers:** UAN 0060-9999-19-049-L04-P (Pharmacists) UAN 0060-9999-19-049-L04-T (Pharmacy Technicians)

# **Requirements for Earning CE Credit**

A program evaluation must be completed at <a href="www.uripharmacycpd.org">www.uripharmacycpd.org</a> within 60 days of the live program date in order to receive CE credit. CE credit will be transferred to the CPE Monitor upon successful completion of the program evaluation. Transfer of CE credit should be verified at <a href="maycpemonitor.net">mycpemonitor.net</a> where CE statements are available to print. Please refer to the evaluation instructions that follow for completing program evaluations and reporting CE credit.

## **Program Evaluation**

All participants will have the opportunity to evaluate the educational session and speaker and to identify future educational needs.

# **Faculty Disclosure**

The faculty has no disclosures to report.

Financial support provided by the Rhode Island Society of Health-System Pharmacists, Rhode Island Pharmacists Association, & Connecticut Society of Health-System Pharmacists

Questions? Rayiannuccillo@yahoo.com